

# Emerald Spa & Wellness

Soothe your senses. Unwind.



Skopelos Holidays

HOTEL & SPA



## SIGNATURE TREATMENTS

### **Skopelos Natural Facial Detox Therapy by Euthalia** | 50 minutes € 65

A facial treatment based on traditional beauty remedies of Skopelos and the fully natural products of Euthalia Natural Cosmetic Values. Organic olive oil paired with strong antioxidants such as wild rose and cistus, contributes to the elasticity and a more youthful appearance of the skin.

### **Skopelos Massage with After-Sun Relief by Euthalia** | 50 minutes € 70

A relaxing massage with the application of dry oil rich in vitamins and essential nutrients that effectively increase skin elasticity. The massage is being combined with the application of a calming body cream to nourish the skin after prolonged exposure to the sun.

**euthalia**  
natural cosmetic values

#### **About Euthalia**

Growing up in Skopelos,, grandmother Euthalia learned how to use local herbs for everyday household needs. Her unique recipes for soap and beeswax cream —filling the house with the fresh scent of cleanliness and imparting to her skin a wonderful, healthy glow— inspired her granddaughter Euthalia to establish Euthalia Natural Cosmetic Values.

Euthalia is a line of Greek natural cosmetic products developed for today's well-informed consumer. Adopting a holistic approach, they combine the latest finds of cosmetology with a deep understanding of the properties of natural ingredients. 100% natural, with increased efficacy, they feature the highly beneficial organic olive oil as a key ingredient, combined chiefly with known anti-oxidants wild rose and cistus.

## BODY TREATMENTS

### **Relaxing Massage** | 55 minutes € 45 | 25 minutes € 25

A genuine body massage that relaxes the entire body using a blend of special essential oil and basic almond oil. An energizing treatment to energize the body and revitalize the skin, leaving it soft as silk.

### **Lymphatic Massage** | 50 minutes € 40

A delicate, harmonious treatment that improves the circulation of fluids in the body. The expert hands of our massage therapist work rhythmically to eliminate stagnant lymph tissues, strengthen the immune system and achieve a feeling of lightness.

### **Tonic Massage** | 55 minutes € 45

Rebalance your mind and recharge your body with this deeply relaxing (soothing) head-to-toe massage. Rhythmic sequences revitalize and tone the body, while relieving mental tension and erasing fatigue.

### **Connective Tissue Massage** | 55 minutes € 65

A deep massage that tones the body, activates connective tissues and boosts oxygenation. This massage treatment releases tension, restores the muscles and improves body posture, while promoting a state of pure wellness.

## REFLEXOLOGY

### **Foot & Hand Reflexology** | 55 minutes € 60 | 25 minutes € 25

This energizing therapy allows your body to rebalance itself through deep massage and stimulation of acupuncture points of the hands and the feet, reducing stiffness and maintaining the flexibility of the joints. It improves blood circulation, relieves pain and reduces stress.

## FACIAL TREATMENTS

### Hydration Facial Treatment | 40 minutes € 30

This deep and immediate moisturizing treatment refreshes and purifies the dry skin, restoring its elasticity, for a smooth, radiant complexion. It is indicated for men and women.

### Anti-aging Facial Regeneration | 40 minutes € 60

Rediscover the youthfulness of your skin with this unique hyaluronic acid treatment that works deeply on wrinkles and fine lines, restoring elasticity. Skin immediately feels softer, firmer and radiant.

## FINISHING TOUCHES

### Hair Removal

Full Leg		40 minutes	€ 20
Half Leg		20 minutes	€ 10
Bikini Line		10 minutes	€ 10
Arms		10 minutes	€ 10
Upper Lip		2 minutes	€ 5
Eye Brow Shape		5 minutes	€ 7

### Hand & Foot Care

Spa Manicure		55 minutes	€ 20
Spa Pedicure		55 minutes	€ 10
Shellac extra price manicure & pedicure		20 minutes	€ 10
Full packet manicure & pedicure (shellac)		2h 30 minutes	€ 10

### Emerald Lifestyle

Jacuzzi per person (up to 4 people)		20 minutes	€ 5
Sauna per person		20 minutes	€ 5





welcome at  
**emerald spa & wellness**

Blending the green nature of Skopelos and the Aegean blue, Emerald Spa & Wellness at Skopelos Holidays Hotel, is the perfect place to ease stress and fatigue away. Escape to a blissful place, induce relaxation and serenity, while nourishing the body and mind.

Our team of highly qualified therapists provides effective and restorative face and body treatments, using products of the finest quality. Indulge in their hands and experience a unique journey of wellness.

**#skopelos\_experience**

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(OPERATING HOURS: 10:00 - 22:00)  
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proud member of



## EMERALD SPA & WELLNESS ETIQUETTE

### **Operating hours**

Emerald Spa & Wellness is open from 10.00 - 22.00 daily. Please call us at +30 24240 24301 to make a reservation.

### **Appointments**

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

### **Treatment Preparation**

We recommend that you arrive at least 15 minutes prior to your scheduled treatment, allowing time to complete your health assessment and to enjoy the facilities, and relax. For reasons of hygiene, we kindly remind you that taking a shower is imperative before any body treatment.

### **Spa Environment**

Please refrain from smoking and turn your mobile phone off or to a silent setting while in, or around, the Wellness & Spa areas.

### **Clothing**

The personnel will provide you with towels, underwear and slippers. You are kindly requested to have a swimming suit with you in case you intend to make use of the Jacuzzi.