# Emerald Spa & Wellness

Soothe your senses. Unwind.



## SIGNATURE TREATMENTS

Skopelos Natural Facial Detox Therapy by Euthalia | 50 minutes € 65

A facial treatment based on traditional beauty remedies of Skopelos and the fully natural products of Euthalia Natural Cosmetic Values. Organic olive oil paired with strong antioxidants such as wild rose and cistus, contributes to the elasticity and a more youthful appearance of the skin.

Skopelos Massage with After-Sun Relief by Euthalia | 50 minutes € 70

A relaxing massage with the application of dry oil rich in vitamins and essential nutrients that effectively increase skin elasticity. The massage is being combined with the application of a calming body cream to nourish the skin after prolonged exposure to the sun.



#### **About Euthalia**

Growing up in Skopelos, grandmother Euthalia learned how to use local herbs for everyday household needs. Her unique recipes for soap and beeswax cream —filling the house with the fresh scent of cleanliness and imparting to her skin a wonderful, healthy glow— inspired her granddaughter Euthalia to establish Euthalia Natural Cosmetic Values.

Euthalia is a line of Greek natural cosmetic products developed for today's well-informed consumer. Adopting a holistic approach, they combine the latest finds of cosmetology with a deep understanding of the properties of natural ingredients. 100% natural, with increased efficacy, they feature the highly beneficial organic olive oil as a key ingredient, combined chiefly with known anti-oxidants wild rose and cistus.

## **BODY TREATMENTS**

Stress Relieving Massage | 35 minutes 35,00

Concentrating on soothing away tiredness, stress and increased muscle tension, including relaxation for the body and mind.

Indonesian Massage | 40 minutes 45,00

Focusing on relieving specific stress and muscle tension. This oriental massage gives the whole body a vigorous workout with special hot massage oils (orange cinnamon and eucalyptus).

Deep Tissue Massage | 30 minutes 30,00

Focusing primarily on the back, shoulder and neck area. This massage will help to relieve tension, stress and aching muscles.

Aromatherapy "Deep Tissue Massage" | 50 minutes 50,00

A complete body treatment using essential oils of plant and herb extracts. These oils have detoxifying (grape fruit – orange), stimulating (lemon – ying yang) or relaxing (Levander – cedarwood) properties.

Hot Stone Massage | 60 minutes 55,00

Volcano stones are used for this massage. The constant movement of waves has gently tumbled and smoothed the sharp edges of the stones. Energy from the volcano fire combined with the ocean waves water give these stones a great balance of body in ways that bring relief to sore and stiff muscles, tranquility and energy balance.

## **HEAD TREATMENTS**

Head Massage | 20 minutes 20,00

The therapist will assess your unique physical mental and spiritual traits and blend specific carrier and essential oils. This treatment relieves tension from shoulders, neck and forehead.

## **HAND & FOOT CARE**

Foot Massage | 20 minutes 15,00

The nourishing foot massage includes a foot bath and massage with a soothing massage cream (Coconut – pineapple) for your feet and nails.

Manicure 25,00

A nourishing ritual for your hands including a full manicure and nail polish of your choice for ultimate care with scrub mask and cream

Pedicure 30,00

A sensory Essie foot treatment including a full pedicure and nail polish of your choice to leave you walking on air (peeling, mask, cream)







# welcome at emerald spa &wellness

Blending the green nature of Skopelos and the Aegean blue, Emerald Spa & Wellness at Skopelos Holidays Hotel, is the perfect place to ease stress and fatigue away. Escape to a blissful place, induce relaxation and serenity, while nourishing the body and mind.

Our team of highly qualified therapists provides effective and restorative face and body treatments, using products of the finest quality. Indulge in their hands and experience a unique journey of wellness.

## #skopelos\_experience

Skopelos Town (Chora), Sporades 37003 Greece
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(OPERATING HOURS: 11:00 - 20:00)
www.skopeloshotels.gr

proud member of



## **EMERALD SPA & WELLNESS ETIQUETTE**

#### Operating hours

Emerald Spa & Wellness is open from 11.00 - 20.00 daily. Please call us at +30 24240 24301 to make a reservation.

#### **Appointments**

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

#### **Treatment Preparation**

We recommend that you arrive at least 15 minutes prior to your scheduled treatment, allowing time to complete your health assessment and to enjoy the facilities, and relax. For reasons of hygiene, we kindly remind you that taking a shower is imperative before any body treatment.

### Spa Environment

Please refrain from smoking and turn your mobile phone off or to a silent setting while in, or around, the Wellness & Spa areas.

### Clothing

The personnel will provide you with towels, underwear and slippers. You are kindly requested to have a swimming suit with you in case you intend to make use of the Jacuzzi.